

CAMPBELL UNIVERSITY



College of Arts and Sciences

Exercise Science

Physical Education w/ Teacher Licensure/
Sport Management/Athletic Training

1-800-334-4111 www.campbell.edu

The Campbell Program

We have a core of courses that represents about 60% of the curriculum you'll follow. Additional courses meet the specific needs of the six majors we offer:

- Athletic Training/Sports Medicine (AT): Prepares you for the National Athletic Training Association (NATA) certification test after graduation.
- Kinesiology (KIN): Prepare for science and medicine-related graduate work.
- Fitness Wellness Management (FWM): For those who want to work in exercise and fitness center or health-related fitness settings, both at a personal trainer and managerial level.
- Physical Education, Teacher Licensed (PETE): Earn a state license to teach, with employment as a teacher and/or coach at the elementary through senior high school levels.
- Exercise and Sport Science: This non-teaching option allows you to plan your own curriculum of Exercise Science-related courses in combination with other areas, such as science, business, or mass communication. Designed for more flexible goals.
- Sport Management (SM): Prepares you to work on the business side of sport or leisure services.

The Campbell Approach

Our common core makes it easy to change from one major to another if your career directions shift after you have been in the program for several years.

Moreover, the related courses you take in each major will give you a broad exposure to the entire curriculum, as well as excellent educational options. For example, business-related courses required in the SM major will provide most of the courses you would need for admission to an MBA program after graduation.

A typical upper-level major class averages about 15–20 students, ensuring personal attention and creating discussion-oriented courses. We also offer for-credit internships and directed-study that give you the opportunity to gain practical experience or design your own course.

In addition, if you're interested in ultimately starting your own sport- or leisure-related business, we offer the first U.S. course on Sport Entrepreneurship (EXER 461).

For more information about the program contact:

The Administrative Assistant
1-800-334-4111, ext. 1362 • -10-893-1362
exerscience@campbell.edu

The Campbell Faculty

We have four full-time doctoral-level faculty with extensive experience in teacher education, the exercise sciences, and sport management.

Our Chairman, Dr. William H. Freeman, is a noted author and world-wide lecturer on physical education, track and field, and sport training theory. He has also coached two dozen qualifiers to the U.S. Olympic Trials in track and field.

Dr. Donna Woolard, our teacher education specialist, has extensive experience as a teacher and coach at the high school and collegiate levels. She is a nationally recognized authority on preparation for the teacher licensing examinations.

Dr. Brian Bergemann has national-level experience in biomechanics and exercise physiology. He operates a research laboratory that is currently doing research for USA Team Handball.

Dr. Mary Jones is our first full-time Director of the Athletic Training Education Program.

The Campbell Student

We have about 120 majors — one-third are on the PE track, the remainder are distributed across the other major tracks. While many of our majors are varsity athletes, the majority are not.

Some students are interested in the possibility of professional sports careers. Others want to become coaches, teachers or athletic trainers. And still others are focusing on the business of sport, such as operating a fitness center, selling sport products or services, or working for a sport/convention center or a professional team.

The Campbell Advantage

Sports in the U.S. are great fitness, great fun, and great business. Our program is designed with all aspects in mind so we can prepare our graduates for a variety of careers or further educational opportunities. Along the way, we also will provide...

- The resources needed to sustain a proud tradition in athletics and a commitment to sports...
- A versatile curriculum that helps you discover and prepare for exactly what you want to do with your future, and...
- A unique university environment that emphasizes a quality liberal arts education, free enterprise, and our Christian Mission.

Exercise Science at Campbell. It's the education you need...
the education you want...the education for your life.

Exercise Science: Bachelor of Science

Athletic Training Major (CIP 51.0913)

EXER 201, 221, 252, 253, 314, 317, 318, 321, 326, 355, 391a-g, 413, 425, 426, 427, 432, 434, 442.

Kinesiology Major (CIP 31.0505)

EXER 201, 221, 321, 326, 333, 421, 425, 426, 431, 432, 450, 452, 461, 492. Cognate: CHEM 111, 113; PHYS 221, 222; PSYCH 232. Recommended: MATH 122, EXER 494.

Fitness Wellness Management Major (CIP 31.0599)

EXER 131 or 185 and 111/112; 201, 202, 221, 311, 321, 326, 338, 425, 426, 431, 432, 450, 452, 461, 492. Cognate: ACCT 213; BADM 221 or EXER 264; BADM 313, 331, 332; ECON 201; PSYCH 232. Recommended: EXER 494.

Exercise and Sport Science Major (CIP 31.0501)

EXER 131, 201, 202, 221, 321, 324, 325, 421, 431, 432, 492, 6 s.h. EXER electives at 200-level or higher. Cognate: 18 hours in another field (Business or Science recommended. See your advisor.)

Physical Education Major (CIP 31.1314)

EXER 131, 132, 201, 202, 221, 311, 324, 325, 331, 333, 338, 339, 431, 432, 441; EDUC 221, 385; PSYC 260, Teacher Licensure Option: EDUC 431, 432, 441, 453, 454, 458. (See advisor for other requirements.)

Sport Management Major (CIP 31.0504)

EXER 201, 221, 230, 321, 325 or 426, 336, 421, 431, 432, 461, 462, 6 s.h EXER electives at 200-level or higher. Cognate: ACCT 213; BADM 221 or EXER 264, BADM 313, 331, 332; ECON 201; THEA 115; PSYCH 232.

Curriculum Outline

Physical Education with Teacher Licensure

Junior Year

SEMESTER 5

APPLIED BIOMECH
MTRDEV
ELEM PE
CURRIC TREN
DEVLP PSYCH

LANG 201 3
EXER 325 3
EXER 331 3
EXER 339 3
EDUC 385 3
PSYC 260 3

HRS

SEMESTER 6

ELECTIVE
APPLEXPHYS
ADAPTED
RESMETHS

FINE ARTS 131 3
REL 3
EXER 324 3
EXER 338 3
EXER 432 3

HRS

Senior Year

SEMESTER 7

MTRLEARN
INTRO
PROG MGT
SECOND PE
ELECTIVES

EXER 333 3
SOC 225 3
EXER 431 3
EXER 441 3
4

HRS

SEMESTER 8

STUDENT TEACHING BLOCK
TCHREAD
EFFECT TCH
ST SEMINAR
S TEACHING

EDUC 441 3
EDUC 453 3
EDUC 454 3
EDUC 458 6

HRS

Sport Management

Junior Year

SEMESTER 5

NUTRITION
APPLIED BIOMECH
PROGRAM MGT

EXER 321 3
EXER 325 3
EXER 431 3
LANG 201 3
ACCT 213 3

HRS

SEMESTER 6

AMER SPORT HIS
RES METHODS
PUBLIC SPEAKING
INTRO

FINE ARTS 131 3
EXER 230 3
EXER 432 3
THEA 115 3
SOC 225 3

HRS

Senior Year

SEMESTER 7

SPORT ENTREPREN
SPORT PSYCHOLOGY
MANAGEMENT PRINS
PRINS MARKETING
SOCIAL PSYCOLOGY

EXER 461 3
EXER 421 3
BADM 331 3
BADM 313 3
PSY 232 3

HRS

SEMESTER 8

ADVANCED SPTMGT
ELECTIVES
PERSONNEL MGT
ELECTIVES

EXER 462 3
EXER 6
BADM 332 3
3

HRS

Athletic Training

Junior Year

SEMESTER 5

ACTIVITY
CLINDECIS
RELIGION
GEN'L
THERAPMOD
EXPHYS

EXER 111 1
EXER 355 3
3
PSY 222 3
EXER 427 3
EXER 425 3
LANG 201 3

HRS

SEMESTER 6

LIFEWELL
CLINICAL IV
THEREXER
BIOMECH
INTRO

EXER 185 2
FINE ARTS 131 3
EXER 391D 1
EXER 314 3
EXER 426 3
SOC 225 3

HRS

Senior Year

SEMESTER 7

CLINICAL V
ELECTIVES
NUTRITION
MED CONDS

EXER 391E 1
9
EXER 321 3
EXER 413 3

HRS

SEMESTER 8

RESMETHS
ELECTIVES
ADMIN AT
SENIOR SEMINAR

EXER 432 3
6
EXER 434 3
EXER 442 1

HRS